

# SKILLS REPORT CARD

PREPARED BY COACH BOURGASE

NAME:

DATE:

Ballhandling		<b>COMMENTS</b>
Pounds the ball off the court • Explodes with first step • Attacks basket • Sweeps through • Stays low		
Defense		<b>COMMENTS</b>
Hands up • One foot pushes the other • Forces the ball away from the middle • Bumps cutters • Rotates and helps teammates		
Moving Without the Ball		<b>COMMENTS</b>
Cuts hard • Steps towards pass • Sets up defender • Runs in transition		
Shooting		<b>COMMENTS</b>
Catches the ball ready to shoot • Squares up to the basket • Starting position is ending position		
Passing		<b>COMMENTS</b>
Uses pivot and ball-fakes • Protects ball with two hands & elbows • Passes away from the defense		
Rebounding		<b>COMMENTS</b>
Makes contact boxing out • Goes up with two hands • Reads angles		
Team Play		<b>COMMENTS</b>
Talks • Helps ballhandler • Sets screens • Makes good decisions to get the best shot for the team • Practices at game intensity		

<b>KEY</b>	Skill	<b>RATING</b>	<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>F</b>
	Points of Emphasis		Excellent	Superior	Average	Needs Improvement	Poor
				<i>Target Levels</i>			

<b>SUMMARY</b>	<b>WHY YOU MADE THE TEAM:</b>
	IMPROVEMENT TARGET →
	HOW YOU CAN GET MORE BURN:

COACHING STAFF
Head Coach
Assistant Coach

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Email: coach@bourgase.com • Website: www.bourgase.com